

RESOURCES FOR NURTURING GIVING IN CHILDREN & THEIR PARENTS

PICTURE BOOKS

Bedard, Michael. **Emily**. New York: Doubleday Books for Young Readers, 1992. When a mother and child pay a visit to their reclusive neighbor Emily, who stays in her house writing poems, there is an exchange of special gifts.

Brumbeau, Jeff. **The Quiltmaker's Gift**. Duluth, Minn: Pfeifer-Hamilton Publishers, 2000. When a generous quiltmaker finally agrees to make a quilt for a greedy king under certain conditions, she causes him to undergo a change of heart.

Buck, Pearl S. **Christmas Day in the Morning**. HarperCollins Publishers: New York, 1955. When Rob, the 15 year-old boy of a modest farm family, overhears his parents talking, he comes to realize the love his father has for him and the love he also holds for his father. Not having the money to purchase a gift that he feels expresses this love, he chooses to surprise his father by doing the morning milking and chores before the usual 4AM. He sneaks out to the barn and his heart bursts with love as he waits for his father to discover the surprise.

Cazet, Denys. **A Fish in His Pocket**. 1st American ed. New York: Orchard Books, 1987. All through school Russell the bear is worried about the little orange fish in his pocket, until he figures out how to return it to its pond.

Christiansen, Candace. **The Mitten Tree**. Golden, Colo: Fulcrum Kids, 1997. Old Sarah knits mittens for all the children waiting for the school bus and hangs them on the blue spruce tree at the bus stop.

Cooney, Barbara. **Miss Rumphius**. New York: Viking Press, 1982. As a child Great-aunt Alice Rumphius resolved that when she grew up she would go to faraway places, live by the sea in her old age, and do something to make the world more beautiful--and she does all those things, the last being the most difficult of all.

DeArmond, Dale. **The Seal Oil Lamp**. San Francisco: Sierra Club Books, 1988. A retelling of a traditional Eskimo tale of how a seven-year-old blind boy is saved from death by the kindly little mouse people.

Demi, **One Grain of Rice: A Mathematical Folk Tale**. Scholastic Press: New York, 1997. Tale of a rich, greedy rajah who doesn't want to share, but is then outwitted by a young girl and forced to give up all the grain in his storehouses. At the end, he is humbled and vows to be a more fair and wise ruler.

DiSalvo-Ryan, DyAnne. **Uncle Willie and the Soup Kitchen**. New York: Morrow Junior Books, 1991. A boy spends the day with Uncle Willie in the soup kitchen where he works preparing and serving food for the hungry.

Edelman, Marian Wright. **I Can Make a Difference: A Treasury to Inspire Our Children**. HarperCollins Publishers: New York, 2005.

Fine, Edith Hope. **Under the Lemon Moon**. New York: Lee & Low Books, 1999. The theft of all the lemons from her lemon tree leads Rosalinda to an encounter with la Anciana, the Old One, who walks the Mexican countryside helping things grow, and to an understanding of generosity and forgiveness.

Fleischman, Sid. **The Scarebird**. New York: Greenwillow Books, 1988. A lonely old farmer realizes the value of human friendship when a young man comes to help him and his scarecrow with their farm.

Hughes, Shirley. **Giving**. Cambridge, Mass: Candlewick Press, 1993. A little girl and her baby brother experience the various aspects of giving, finding that it is nice whether you are giving a present, a smile, or a kiss.

Lucado, Max. **All You Ever Need**. Wheaton, Ill: Crossway Books, 2000. A servant of the Watermaster, a kind man who gives water freely to the thirsty people of a desert village, tries to restrict this gift by imposing his own terms on it, even though his master wishes to share the water with all.

Martin, Jacqueline Briggs. **The Green Truck Garden Giveaway: A Neighborhood Story and Almanac**. New York: Simon & Schuster Books for Young Readers, 1997. When two people pass out seeds and gardening supplies, neighbors who claim to have no interest in gardening are transformed into a community of gardeners. Includes information on gardening and related topics.

Moon, Nicola. **My Most Favorite Thing**. New York: Dutton Children's Books, 2001. Katie lends her favorite stuffed bunny to her grandpa when his dog gets sick and has to stay at the pet hospital.

Munsch, Robert. **Ribbon Rescue**. New York: Scholastic, 1999. A young girl unselfishly gives away the ribbons from her new dress to help various people on their way to a wedding.

Newton, Patricia Montgomery. **The Five Sparrows**. New York: Atheneum, 1982. When a kindly old woman is richly rewarded for nursing a wounded sparrow back to health, a greedy neighbor attempts to emulate the old woman and brings trouble upon herself and her family.

Nolan, Dennis. **Androcles and the Lion**. San Diego: Harcourt Brace, 1997. A retelling of the fable originally written by Apion, an Egyptian living in Rome around 40 A.D., in which Androcles, a runaway slave, befriends a wounded lion.

Pfister, Marcus. **Rainbow Fish**. New York: North-South Books, 1992. The most beautiful fish in the entire ocean discovers the real value of personal beauty and friendship.

San Souci, Robert D. **The Talking Eggs**. New York: Dial Books for Young Readers, 1989. A Southern folktale in which kind Blanch aids an old woman and gains riches, while her greedy sister makes fun of the old woman and is duly rewarded.

Seuss. **Horton Hears Who!**. New York: Random House, 1954. A city of Whos on a speck of dust are threatened with destruction until the smallest Who of all helps convince Horton's friends that Whos really exist.

Seuss. **Horton Hatches the Egg**. New York: Random House, 1940. When a lazy bird hatching an egg wants a vacation, she asks Horton, the elephant, to sit on her egg-- which he does through all sorts of hazards until he is rewarded for doing what he said he would.

Spinelli, Eileen. **Somebody Loves You, Mr. Hatch**. New York: Bradbury Press, 1991. An anonymous valentine changes the life of the unsociable Mr. Hatch, turning him into a laughing friend who helps and appreciates all his neighbors.

Stewart, Sarah. **The Library**. New York: Farrar Straus Giroux, 1995. Elizabeth Brown loves to read more than anything else, but when her collection of books grows and grows, she must make a change in her life.

Stroud, Bettye. **Down Home at Miss Dessa's**. New York: Lee & Low Books, 1996. In the South of the 1940s, two young African-American sisters spend the day caring for an elderly neighbor.

Thomas, Shelley Moore. **Somewhere Today**. Morton Grove, IL: Albert Whitman, 1998. Gives examples of ways in which people bring about peace by doing things to help and care for one another and their world.

Warren, Cathy. **Saturday Belongs to Sara**. New York: Bradbury Press, 1988. Sara and her mother set aside Saturday as a special day to spend time together doing the things they enjoy most, but then Sara discovers that they must share their day with someone else.

Wilde, Oscar. **The Selfish Giant**. Natick, MA: Picture Book Studio USA, 1984. A once selfish giant welcomes the children to his previously forbidden garden to play and is eventually rewarded by an unusual tiny child.

Williams, Vera B. **Music, Music for Everyone**. New York: Greenwillow Books, 1984. Rosa plays her accordion with her friends in the Oak Street Band and earns money to help her mother with expenses while her grandmother is sick.

Yep, Laurence. **The Junior Thunder Lord**. Mahwah, N.J: BridgeWater Books, 1994. Yue, a Chinese merchant, discovers the wisdom in passing along kindness, when Bear Face, the huge hairy man Yue has befriended, saves his life.

Yolen, Jane. **Raising Yoder's Barn**. 1st ed. Boston: Little, Brown, 1998. Eight-year-old Matthew tells what happens when fire destroys the barn on his family's farm and all the Amish neighbors come to rebuild it in one day.

Zolotow, Charlotte. **I Know a Lady**. New York: Greenwillow, 1984. Sally describes a loving and lovable old lady in her neighborhood who grows flowers, waves to children when they pass her house, and bakes cookies for them at Christmas.

Flavia. **The Star Gift**. Cedco Publishing Company: San Rafael, CA, 1998. A young girl unselfishly gives away all she has to others in need. When she is left cold and hungry, she makes a silent wish to the stars. Magically, they fall from the sky and lead her to the family and the love she has longed for all her life. This tender story reminds readers that true kindness is always rewarded.

Also recommend the Chinaberry Catalogue, a treasury of inspired books for every member of the family (the heart in every book review is in itself a joy!) www.Chinaberry.com or call 1-800-776-2242.

CHAPTER BOOKS

Bains, Rae. Gandhi: **The Peaceful Warrior**. Troll Associates, 1990. Biography of the Indian leader whose nonviolent passive acts of rebellion influenced other leaders all over the world.

Cosby, Bill. **Money Troubles**. New York: Scholastic, 1998. While trying to raise enough money for a telescope, Little Bill makes a discovery about generosity and the needs of others.

Fleischman, Paul. **Seedfolks**. New York: HarperCollins, 1997. One by one, a number of people of varying ages and backgrounds transform a trash-filled inner city lot into a productive and beautiful garden, and in doing so the gardeners are themselves transformed.

Hurwitz, Johanna. **Aldo Ice Cream**. New York: Morrow, 1981. Nine-year-old Aldo discovers the pleasures of doing volunteer work to help the older citizens of the community and the satisfactions of earning his first money on his own for unselfish reasons.

Koertge, Ron. **The Heart of the City**. New York: Orchard Books, 1998. After she and her parents move to an ethnically mixed inner city neighborhood, ten-year-old Joy and her new friend Neesha decide to do something to keep drug dealers off their block.

TEENS

Barron, T. A. **The Ancient One**. New York: Philomel, 1992. While helping her Great Aunt Melanie try to protect an Oregon redwood forest from loggers, thirteen-year-old Kate goes back five centuries through a time tunnel and faces the evil creature Gashra, who is bent on destroying the same forest.

Barron, T. A. **The Hero's Trail, A Guide for a Heroic Life**. New York: Puffin Books, 2007. Barron differentiates between the terms "hero" and "celebrity" and probes the qualities that constitute the former. Chapters are categorized among heroes who have responded to a crisis, survived dreadful circumstances, displayed inner faith, helped others near or far, or exhibited such extraordinary actions as to be notable "for all time."

Beah, Ishmael. **A Long Way Gone: Memoirs of a Boy Soldier**. New York: Sarah Crichton Books, 2007. A children's-rights advocate recounts his experiences as a boy growing up in Sierra Leone in the 1990s, during one of the most brutal and violent civil wars in recent history, his recruitment into the rebel army. Readers see the first glimmers of Beah's work as an advocate take root in the United Nations Rehabilitation Center that rescued him.

Bauer, Joan. **Hope was Here**. New York: Putnam, 2000. When sixteen-year-old Hope and the aunt who has raised her move from Brooklyn to Mulhoney, Wisconsin, to work as waitress and cook in the Welcome Stairways diner, they become involved with the diner owner's political campaign to oust the town's corrupt mayor.

Brooks, Martha. **Being with Henry**. New York: Dorling Kindersley, 2000. A young homeless man develops a friendship with an older widower, from which they both benefit.

Canfield, Jack, Mark Victor Hansen, and Kimberly Kirberger. **Chicken Soup for the Teenage Soul**. Florida: Health Communications, 1997. Inspirational stories about humanity are told in this volume. Famous celebrities also tell tales of kindness and giving.

Hyde, Catherine Ryan. **Pay it Forward: A Novel**. New York: Simon & Schuster, 1999. When a young man starts "paying it forward" for a social studies project, unusual things happen in this bittersweet and uplifting tale.

Koja, Kathe. **Straydog**. New York: Farrar, Straus and Giroux, 2002. Rachel, a teenager with a healthy dose of both aptitude and attitude, begins to feel at home volunteering at an animal shelter.

Price, Susan Crites. **The Giving Family: Raising Our Children to Help Others**. The Council on Foundations: Washington, DC, 2001. (Parents)

Godfrey, Jolene. **Raising Financially Fit Kids**. Godfrey aims to help parents send their children into the world as financially savvy adults by identifying 10 specific skills that can be mastered by children ages 5 through 18 at the appropriate developmental stage. Ten Speed Press, Berkeley, 2003.

Sue Johnson and Sue Carlson. **Grandloving, Making Memories with Your Grandchildren**. Heartstrings Press, Lancaster, VA, 2006. Comprehensive, upbeat and offers over 200 inexpensive and fun activities for grandparents to do with or mail to their grandchildren. It highlights tips from 350 families worldwide, heartfelt ideas for holidays, visits, and family traditions, reminders about child development, help for grandparents caring for their grandchildren, and an extensive list of resources and book reviews.

Bodnar, Janet. **Kiplinger's Money-Smart Kids (And Parents, Too!)** Kiplinger Washington Editors, Inc.: Washington, 1993.

Eileen and Jon Gallo. **Silver Spoon Kids: How Successful Parents Raise Responsible Children**, McGraw-Hill: New York, 2002. Relevant not only to the superrich but also to the millions of families whose children are exposed to material abundance. A mix of practical tips, instructive real-life stories and anecdotes, and highly effective advice, Silver Spoon Kids addresses the how and the equally important why of instilling in your family a healthy relationship with money in your family.

The Succession Workbook: Continuity Planning for Family Foundations. Kelin Gersick, Deanne Stone, Michele Desjardins, Howard Muson and Katherine Grady for the Council on Foundations: Washington, D.C., 2001.

Digeronimo, Theresa. **A Student's Guide to Volunteering**. Career Press, 1995. Guide for young people to help them to begin to work in the areas of service.

Rogers, Fred. **The Giving Box: Create a Tradition of Giving with your Children**. Philadelphia: Running Press, 2000. A book and actual box set, to help children begin to save money for good causes. The accompanying book teaches children lessons in generosity through heartwarming fictional stories set in countries around the world. For parents, Rogers offers wise suggestions and practical guidelines to help teach children the moral lesson of compassion for others, and the value of charitable donation.

Graham, Christine. **Where the Heart Is: An Allegory of Philanthropy**. Shaftsbury, VT. 2001. Inspired by the Vermont Youth Orchestra, this story is about a small town and its inhabitants following their passion for music and learning about raising money and community service. Available through Christine Graham directly by visiting her website at www.cpgfundraising.com.

Carter, Rosalynn. **Kids Random Acts of Kindness**. Berkeley, Calif: Conari Press, 1994. In their own words and handwriting, children record the little things they do to make the world a better place.

Lewis, Barbara. **The Kid's Guide to Social Action: How to Solve the Social Problems you Choose - and Turn Creative Thinking into Positive Action**. Minneapolis: Free Spirit Pub. 1998. Resource guide for children for learning political action skills that can help them make a difference in solving social problems at the community, state, and national levels.

Meltzer, Milton. **Who Cares? Millions Do - a Book about Altruism**. New York: Walker, 1994. A book dedicated to the everyday heroes, many of whom are young, who give their time and energy to help others in need.

Salzman, Marian and Teresa Reisgies. **150 Ways Teens Can Make a Difference**. Princeton, NJ: Peterson's Guides, 1991. Teenagers discuss the rewarding and sometimes frustrating experiences of being a volunteer, including their commitment and accomplishments, parental support, and how they incorporate volunteer activities into their busy high school schedules.

Janet Wakefield. **What If Everybody Gave?**. Indianapolis, IN: 2002. Two children and their "giving and serving" pig explore what would happen if every child gave a nickel, a dollar, or five dollars to help solve society's problems.

Community Partnership for Youth. **The Word for Me Is Philanthropy**. Franklin, IN: 2002.

A curriculum used to introduce the practice of giving, sharing and serving to youth, ages 7 to 11 years. The 180-page curriculum incorporates poetry, songs, group projects, games and service projects into 24 lessons. Available through the website at www.cpyinc.org.

Lewis, Barbara A. **What Do You Stand For? A Kids Guide to Building Character**. Free Spirit Publishing, Minneapolis, 1998. (Parents and kids ages 9 and up).

McMillon, Bill. **Volunteer Vacations: Short Term Adventures That Will Benefit You and Others**, Chicago Press Review, Chicago, 1999. Lists over 2,000 projects worldwide that depend on volunteers. Comprehensive information includes project summaries, contact information, prices, dates and locations of projects, and information about how to apply. Many but not all projects listed are appropriate for families.

DONATING DOMESTICALLY

www.acmesharingcompany.com

THE ACME SHARING COMPANY is a place where parents can find activities for spending family time with meaning. Exposing your children to cause-based adventures is a wonderful way to make giving a part of their lives now and for the future. Subscribe to their e-mail updates on the site.

www.tisbest.com

A TisBest Charity Gift Card allows the recipient to support a nonprofit cause he or she feels strongly about. TisBest Philanthropy was founded in 2007 in Seattle, Washington and have collected hundreds of thousands of dollars for charities since.

www.justgive.org

Dedicated to creating comprehensive tools and services to make charitable giving a part of everyday life, JustGive is a nonprofit organization whose mission is to increase charitable giving by connecting people with the charities and causes they care most about.

DONATING GLOBALLY

Global Fund for Children

www.globalfundforchildren.org

GFC is a grant-making organization designed specifically to target and strengthen small grassroots organizations that improve education for children who would otherwise be left behind. These organizations help to build the foundations of civil society by shaping local, regional, national, and even international policy and practices.

Youth Philanthropy Worldwide

www.ypworldwide.org

Using the [United Nations Millennium Development Goals](#) as a framework, Youth Philanthropy Worldwide works with young people to help identify solutions in which they can get involved. They lead them to organizations that are working *on the ground* with the people directly affected.

Global Giving

www.globalgiving.com

GlobalGiving enables individuals and companies to find and support high-impact, grassroots social and economic development projects around the world. Donors have direct communication with the extraordinary social entrepreneurs who run these projects and can receive frequent reports straight from the field.

International Youth Foundation

www.iyfnet.org

The International Youth Foundation (IYF) is working in more than 60 countries and territories to improve the conditions and prospects for young people where they live,

learn, work, and play. Established in 1990 to bring worldwide resources to young people in need, IYF works with hundreds of companies, foundations, and civil society organizations to strengthen and "scale up" existing programs that are making a positive and lasting difference in young lives.

YouthGive

www.youthgive.org

Website launched January 2006 allows children and their families to open youth giving "accounts" and offers a catalogue of giving opportunities to help develop philanthropic impulse. YG also offers global travel philanthropy adventures for families.

"FUN" GIFTS TO GIVE A YOUNG PERSON

The Gift of Bees \$30, heifer.org.

The set includes bees, the hive, and training in beekeeping -- all given to families from the Dominican Republic to India. Beehives can double some fruit and vegetable yields, in addition to providing honey and beeswax.

Adopt a Chimpanzee, \$15 per month, ida-africa.org

Help a chimpanzee that has been displaced or orphaned by illegal hunting practices in Cameroon. You will receive an 8 X 10 photo of "your"chimp, its bio, and periodic updates.

Restore sight to a blind person, \$40, seva.org

Pay for a 15-minute cataract surgery and you'll help one of the world's 40 million blind people see again. (Site offers other charitable gift ideas too)

VOLUNTEERING

Kids Korps USA

www.kidskorps.org

Kids ages 5 through 18 participate in group volunteer activities (with their families / parents until age 12) that include a variety of themed service projects to choose from: Animals, Environment, Food & Shelter, Health & Disabilities, Seniors, and Leadership & Education.

Make-A-Wish Foundation's Kids for Wish Kids

www.wishla.org/giving.html

Kids discover philanthropy by selecting their own fundraising project and managing it from start to finish. The Make-A-Wish Foundation has funded many wishes for children living with life-threatening illnesses because kids organized bowl-a-thons, carwashes, or concerts.

(In Santa Barbara check with your local chapter at www.tri-counties.wish.org)

Youth in Action, Red Cross Volunteers

(Ages 14 – 18)

www.redcross.org

Teens can become trained in disaster services and to be peer educators in health and safety issues or to help with services in the local community.

Roots & Shoots

www.rootsandshoots.org

Roots & Shoots® engages and inspires youth through community service and service learning. Founded by Dr. Jane Goodall, this global program emphasizes the principle that knowledge leads to compassion, which inspires action. All Roots & Shoots groups show care and concern in three areas: the human community, animals, and the environment.

VOLUNTEER VACATIONS (for youth and families)

Globe Aware www.globeaware.org

Globe Aware, a nonprofit organization, currently offers volunteer vacations in Peru, Costa Rica, Thailand, Cuba, Nepal, Brazil, Cambodia, Laos, Vietnam, Jamaica, Romania, Ghana, Mexico, and China . These short-term (one week) adventures in service focus on cultural-awareness and sustainability, and are often compared to a "mini peace corps". All program costs, including the cost of airfare, are tax-deductible. You need no special skills nor do you need to speak any foreign language. These programs are equally appropriate for the solo traveler to multigenerational family travel, corporate groups and more.

Cross-Cultural Solutions www.crossculturalsolutions.org

Cross-Cultural Solutions offers volunteer opportunities for families and individuals looking for a meaningful volunteering experience while immersing themselves in another culture. Volunteers work side-by-side with local people in countries such as Brazil, China, Costa Rica, Ghana, Guatemala, India, Peru, Russia, Tanzania and Thailand. Some opportunities include volunteering in orphanages and childcare centers, schools, health clinics and hospitals, homes for the elderly, centers for people with disabilities, or working with other community organizations. Whatever your skill is, Cross-Cultural Solutions has a placement for you. Volunteers can stay any length of time from 1 week to 12 weeks, and start-dates are available all-year round.

Global Citizens' Network www.globalcitizens.org

Global Citizens Network sends short-term teams of volunteers to communities in other cultures where participants immerse themselves in the culture and daily life of the community. Each volunteer team is partnered with a local grassroots organization active in meeting local needs. Global Citizens Network creates a worldwide network of people and organizations committed to addressing global issues. They welcome families with children ages 8 and up to participate.

Global Volunteers www.globalvolunteers.org

Live and work with local people in the US or abroad on I service programs for one, two or three weeks. GV supports some 100 host communities in 21 countries year-around through short-term volunteer teams, direct project funding and child sponsorships. You can serve, sponsor and support local people as a family, group or individual. No specialized skills are needed to contribute genuine development assistance.

Habitat for Humanity International – Global Village www.habitat.org

Habitat for Humanity now has programs internationally where families and groups can build homes with Habitat affiliates in a number of countries abroad. Visit their website to view possible dates and locations and to begin the on-line application process.

Heritage Conservation Network www.heritageconservation.net

Heritage Conservation Network organizes an annual series of hands-on building conservation workshops at historic sites around the world. The workshops are designed to bring much needed technical assistance and volunteer labor to grass roots preservation projects. Each workshop is led by a building conservation specialist who teaches and guides participants in their work. Workshop sites range from the Old West town of Virginia City, Montana to World Heritage Sites in Europe and Africa

Volunteers for Peace www.vfp.org

Offers placement in over 3000 volunteer projects in more than 100 countries. VFP also organizes 50-60 service projects in the United States each year. Volunteer projects bring people from four or more countries together in a cooperative effort to live, work and have fun. Volunteers leave the project with a strong sense of achievement, creating friendships that overcome cultural differences. They are a great way to volunteer abroad. There are a wide variety of volunteer service projects available that arise from a grassroots level. From sustainable agriculture to environmental protection, helping the elderly and orphans, to preserving archaeological sites. VFP's basic fee is \$300 for a multi-week placement, includes food, accommodation and work materials. Volunteers arrange and pay for their own transportation.

www.wildernessvolunteers.org

Wilderness Volunteers is an American non-profit organization dedicated to providing volunteer opportunities in the wild lands and National Parks across the United States. They provide a variety of outdoors service opportunities with each trip and one day off to explore.

www.idealists.com

See this site for access to their International Volunteerism Resource Center (IVRC) which provides potential volunteers with the tools needed to make informed decisions about meaningful, ethical, and sustainable international service.

While Volunteer Vacations can be meaningful and provide rewarding knowledge, it is also good for families to remember that they do not need to travel to provide service. Alternative “volunteer vacations” could be planned in your very own town. To explore the needs within your own community,

Compiled with resources provided by Volunteerfamily.org, Eileen and Jon Gallo, Jilliene Schenkel and Foundation Source.